



The Philippine College of Chest Physicians

Council on Health and Integrative Medicine (CHIME)

2nd CHIME Summit Use #chimesummit2015

12 November 2015 (Thursday), 8am – 5 pm

CME Auditorium, University of Santo Tomas, España, Manila

Theme: “*Paano Piliin ang Magaling sa Kontra o Palpak*”

Program

8:00 – 8:30 am: Registration

8:30 – 8:45 am: Opening Prayer
Pambansang Awit
PCCP Hymn

8:45 - 9:05 am: Opening Remarks and Overview of the Summit:
Vilma A. Gorgonia, MD, FPCCP
Co-Chair, CHIME, Philippine College of Chest Physicians

9:05 – 9:45 am: **Plenary Session 1: Complementary and Alternative Therapies**

Through a Grant sponsored by UAP

Chair: Ricardo M. Salonga, MD, FPCCP

Title: *Overview of Mainstream and Nonconventional Medicine*

Speaker: **Parkash T. Mansukhani, MD, FPCCP**
Chairman, Council on Health and Integrative Medicine
Philippine College of Chest Physicians

Session objectives are to present:

1. An overview of Alternative, Complementary, Integrative Medicine and the Holistic Approach
2. Insights on the use of CAM methods from the American Cancer Society
3. Flow charts for Wellness and Treatment

AVP: *Understanding Integrative Oncology and Cancer Survivorship Care*

Speaker: **Dr. Omid U. Etemadi (Integrative Oncology)**
Honorary Member, Philippine Society of Medical Oncology

Session Objectives:

1. To understand the importance of incorporating Holistic Care into Cancer Treatment Protocols
2. To enumerate the components of Holistic Care for cancer patients, specifically psychological care, pain management, nutrition and cachexia management, evidence-based complementary medicine, patient education
3. To see an actual clinic set-up applying the concepts of Holistic Care for cancer patients.

9:45 – 10:00 am Coffee Break

10:00 – 10:45 am: **Panel Discussion 1:** *Factors Affecting Treatment Decision Making from Different Perspectives*

Chair/Moderator: Antonieto Evangelista, MD

Objective: To better understand factors affecting treatment decision making

Panelists: Patient **Mrs. Elizabeth Maglaque**
Western **Vincent M. Balanag Jr., MD, FPCCP**
Eastern **Jaime Z. Galvez Tan, MD, MPH**

10:45 – 11: 15 am: **Plenary Session 2:** *EBM for Filipinos: Deciding on Choice of Therapy Through a Grant sponsored by Pfizer*

Chair: Marilyn Ong-Mateo, FPCP, FPCCP

Speaker: **Antonio Miguel L. Dans, MD, MSc, FPCP**

Session Objectives:

1. To be aware of the importance of Evidence Based Medicine
2. To be able to gather relevant and accurate information and recognize its scientific value to medicine
3. To consider applicable information and be guided into making an appropriate, rational choice of therapy.

11:15 -12:00 nn **Panel Discussion 2:** *Controversies in Stem Cell Therapy*

Chair/Moderator: Jessie F. Orcasitas, MD, FPCCP

Objective: Does absence of proof mean absence of efficacy?

Panelists: **Antonio Miguel L. Dans, MD, MSc, FPCP**
Leo Olarte Jr., MD
Francisco M. Heralde III, RN, PhD

12:00 -12:30 pm Lunch Break

12:30- 2:00 pm **Luncheon Symposium: Vaccines: Myths and Misconceptions**
*Through a Grant sponsored by **Sanofi Pasteur***

Speaker: **Jo-anne de Castro, FPPS, FPIDSP**

Session Objectives: At the end of the session, the participant should know the:

1. Common myths and misconceptions about vaccines
2. Risk benefit assessment of vaccines
3. Significant direct impact of vaccines even in modern times

2:00 – 2:30 pm **Plenary Session 3: No Approved Therapeutic Value**
*Through a Grant sponsored by **Multicare***

Chair: **Jude P. Guiang, MD, FPCCP**

Speaker: **Esperanza I. Cabral, MD, FPCP, FPCC**

Session Objectives: At the end of the session, the participant should know:

1. The definition and implication/s of the label “no approved therapeutic claims”
2. The history or a background of the products that acquired this labelling
3. How this sector is being regulated and monitored for safety

2:30 – 3:15 pm **Panel Discussion 3: Doctors Prescribing Products of No Approved Therapeutic Value**

Chair/Moderator: **Sylvia Banal-Yang, MD, FPCCP**

Objective: Is it acceptable for physicians to prescribe products with no approved therapeutic value?

Panelists:	Esperanza I. Cabral, MD, FPCP, FPCC
Ethical Issues	Patrick Gerard L. Moral, MD, FPCCP
Nutriline	Joseph Milana, MD

3:15 – 3:45 pm Coffee Break

3:45 – 4:15 pm **Plenary Session 4: Electro Magnetic Therapy (EMT)**
Through a Grant sponsored by Cathay Drug

Chair: Ivan N. Villespin, MD, FPCCP

Speaker: **Abundio A. Balgos, MD, FPCCP**

Session Objectives are to present:

1. Evidence on the health benefits of EMT
2. An ongoing study on EMT as a model for studying nonconventional therapies
3. Preliminary data on the effect of EMT in diabetes and hypertension

4:15 – 5:00 pm: **Panel Discussion 4: Evaluating Safety and Effectiveness of Treatment:
East and West**

Chair/Moderator: Manilee R. Araune, MD, FPCCP

Objective: To understand how safety and effectiveness of treatment is evaluated from a western and eastern perspective.

Panelists:	Alternative Medicine	Cheryll Villamor- Sibayan, MD, FPOGS
	Complementary Medicine	Alfonso T. Lagaya, MD, MDM
	Western Medicine	Chad Rey V. Carungin, MD, FPCCP

5:00 pm Closing Remarks: Patrick Gerard L. Moral, MD, FPCCP
President
Philippine College of Chest Physicians