



Advancing the Frontiers of the Pulmonary  
Medicine in the Philippines.

# Philippine College of Chest Physicians

*A specialty society of the Philippine Medical Association (PMA)  
A component society of the Philippine College of Physicians (PCP)  
A member society of the Asian Pacific Society of Respiriology (APSR)  
and the European Respiratory Society (ERS)*

## KILUSANG MALUSOG NA BAGSA

### Theme:

**Breathe. Live. Life. *Malinis na Hangin, Malusog na Baga, Para sa Kinabukasan***

Liwasang Aurora, Quezon Memorial Circle  
August 27, 2017 (Sunday), 6:00 AM to 12:00 NN

### PROGRAM OF ACTIVITIES

TIME	ACTIVITIES	
06:00 – 08:00am	<b>Zumbaga:</b> <b>Zumba for healthy lungs</b>	
08:00 – 08:15am	<b>Welcome Remarks</b>	<b>DR. CHARLES Y. YU</b> President, Philippine College of Chest Physicians (PCCP)
08:15 – 08:30am	<b>Inspirational Talk</b>	<b>DR. PAULYN JEAN B. ROSELL-UBIAL, MPH, CESO II</b> Secretary, Department of Health
08:15 – 08:30am	<b>SMOKING CESSATION</b> <ul style="list-style-type: none"> <li>• <i>Ill-effects of smoking</i></li> <li>• <i>Smoking cessation strategies</i></li> </ul>	<b>GLYNNA ONG-CABRERA, MD, FPCCP</b>
08:30 – 08:45am	<b>TUBERCULOSIS</b> <ul style="list-style-type: none"> <li>• <i>TB signs &amp; symptoms</i></li> <li>• <i>Available TB services</i></li> </ul>	<b>FREDDIE G. PELEO, MD, FPCCP</b>
08:45 – 08:55am	<b>Open Forum</b>	
08:55 – 09:00am	<b>Formal Opening of the Exhibits</b>	<b>EILEEN G. ANICETO, MD, FPCCP</b> Overall Chair
09:00 – 12:00nn	<b>Mini-Health Fair</b>	
	Booth 1: Healthy Lungs vs Diseased Lungs	PCCP Council on Lung Cancer with Chinese General Hospital and Medical Center
	Booth 2: Free Spirometry	PCCP Council on Diagnostics and Therapeutics with St. Luke's Medical Center
	Booth 3: COPD Test; Exercises to Improve Lung Health and Build Endurance	PCCP Council on COPD and Pulmonary Rehabilitation with University of Santo Tomas Hospital

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Booth 4: Stop Smoking Information Booth	PCCP Council on Tobacco or Health and Air Pollution with Lung Center of the Philippines
Booth 5: Asthma and Inhaler Devices	PCCP Council on Asthma with UP-Philippine General Hospital
Booth 6: TB or not TB	PCCP Council on Tuberculosis with Veterans Memorial Medical Center
Booth 7: Snoring and Sleep Disorders	PCCP Council on Sleep Medicine with The Medical City
Booth 8: Vascular Disorders and DVT Prevention	PCCP Council on Critical Care and Peripheral Vascular Disorders with Philippine Heart Center
Booth 9: Healthy Lungs in the Workplace	PCCP Council on Interstitial and Occupational Lung Diseases with Manila Doctors Hospital
Booth 10: Cough Hygiene	PCCP Council on Lung Infections with Makati Medical Center
Booth 11: Respiratory Infections	PCCP Council on Lung Infections with University of Perpetual Help DALTA Medical Center and Cardinal Santos Medical Center
Booth 12:	Department of Health